

Mainspring PARTNERS, PROGRAMS & SERVICES

Mainspring is a collective of nonprofit partners working together under one roof to provide comprehensive programs and services. Through centralized intake and assessment, data sharing, case management and ongoing collaboration, Mainspring guides households along the pathway out of poverty.

FOUNDING PARTNERS

Fair Tide - Housing assistance, short and long-term case management, flexible emergency needs fund, thrift store with low-cost clothing and housewares.

Footprints Food Pantry - New market-model food pantry, prepared meals, cooking/nutrition classes, culinary job training, weekly community supper, home delivery, pet food pantry, spice shelf program, community support fund, off-site pantries, and refrigerated lockers for after-hour services.

ANCHOR TENANT

York County Community Action

- **Community Outreach Program** - This program provides a dedicated staff member to connect people with programs and services that offer financial assistance, referrals, education, and advocacy during times of crisis or transition.
- **Women, Infants, and Children (WIC) Program** - Serves pregnant women, infants, and children from birth to age five. Offers one-on-one health and nutrition counseling and breastfeeding support. WIC also helps parents and foster parents pay for nutritious food and formula if breastfeeding is not an option. Nutrition professionals monitor weight, immunizations, and dietary needs to achieve optimal health.

PROGRAM PARTNERS AND SERVICES

Adult Education - Daytime classes

Domestic Violence/Sexual Assault Resources

Financial Literacy and Coaching

Fuel and Utility Assistance

General Assistance - A program available in every municipality which provides financial assistance to help qualified individuals and families meet their basic needs - sometimes referred to as "welfare"

Legal Aid

MaineHealth - Prescription assistance, access to free/low-cost medical care and health insurance navigation

Medical Services

Mental and Behavioral Health - Counseling, resources, and referrals

Seacoast Outright - LGBTQ+ programming

Substance Use Recovery Support

Table of Plenty - Weekly hot meals

Tax Preparation Assistance

Veterans Services

ON-SITE RESOURCES

Community Garden

Computer, Printer, and Internet Use

Day-Time Warming and Cooling Center

Shower Facilities